

KNARESBOROUGH



Knareborough is an old and historic market town and spa town located four miles east of the centre of Harrogate. Sights in the town include the remains of Knareborough Castle, Mother Shipton's petrifying well, The House in the Rock and several cave dwellings, one a chapel, dating from the Middle Ages. Knareborough is also the site of *Ye Oldest Chymist Shoppe* in England opened in 1720. There is also the Courthouse Museum in the castle grounds.



Knareborough Castle stands high on a cliff overlooking the river Nidd. The first reference to a royal castle at Knareborough is in the pipe records of 1129-30. In the 13th century king John made improvements to the castle and was a regular visitor, using the castle as a base while he went hunting in the forest of Knareborough.



MOTHER SHIPTON'S CAVE - Mother Shipton is the most famous prophetess of the British Isles. Mother Shipton was born in Knaresborough, North Yorkshire, in 1488, as Ursula Southheil to a poor single mother. According to tradition her mother had been seduced out of wedlock and died during her birth. Her birthplace has been identified as the cave by the river Nidd, which bears her name. She is said to have prophesied many things during her lifetime, including the Civil War, the dissolution of the monasteries, and the defeat of the Spanish Armada. Some of Mother Shipton's more famous prophesies are as follows:

*Carriages without horses shall go, And accidents fill the world with woe.
Around the world thoughts shall fly, In the twinkling of an eye.
(Said to predict cars, telephone, internet, satellites, planes amongst other things)*



THE PETRIFYING WELL - A petrifying well is a well which give objects a stone-like appearance. If an object is placed into such a well and left there for a period of months or years the object acquires a stony exterior. At the time Mother Shipton was born, Knaresborough townsfolk believed the Well to be magic and never ventured near it. They had seen small twigs, leaves and perhaps a dead bird turned to stone in the Well's falling waters. They were very superstitious in those days and believed that if they touched the waters they too would be turned to stone! They also noticed the side of the Well looked like a "Giants Skull".

Today, visitors to the Petrifying Well can see everyday objects slowly being petrified in the cascading waters. The most popular item is a teddy bear or soft toy which usually takes between three and five months to turn to stone. Larger objects can take up to 18 months.

Map of Knaresborough



HARROGATE



Harrogate is a spa town in North Yorkshire. The town is a tourist destination and its visitor attractions include its spa waters and RHS Harlow Carr gardens

<http://www.rhs.org.uk/gardens/harlow-carr>. Nearby is the Yorkshire Dales national park.

Harrogate is famous for its horticulture, historic buildings, stunning scenery and natural springs, making it the perfect place to visit.



Betty's Café Tea Rooms are traditional tea rooms serving traditional meals with influences both from Switzerland and Yorkshire. Betty's products are handmade and use high quality ingredients, usually sourced locally. The first Betty's tea room was opened on Cambridge Crescent in Harrogate, West Riding of Yorkshire, by Frederick Belmont, a Swiss confectioner, in July 1919.^[3] The Harrogate tea rooms later moved to their current position on Parliament Street. In 2001 Betty's opened a cookery school on the same site as their craft bakery, at Plumpton Park near Harrogate.

WEBSITES

<http://www.knaresborough.co.uk/>

<http://www.yorkshire.com/places/harrogate/knaresborough>

<http://www.theoldestchemistshop.co.uk/>

<http://www.mothershippton.co.uk/>

<http://www.harrogate.co.uk/>

<http://www.vrharrogate.co.uk/>

http://www.bettys.co.uk/bettys_harrogate.aspx

<http://www.rhs.org.uk/gardens/harlow-carr>

If you need assistance during the trip please call

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